

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Emily Shika**

Has successfully participated & completed the

5km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

**TIME** 01:00:45

**PACE** 12:09/km

**OVERALL** 346 of 906

27 October 2018, Sat **Date** 

**GENDER** 251 of

641

**40+** 56 of 107